

# IDIFY

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**idfy**  
 Idaho Drug Free Youth's mission is to eliminate alcohol, tobacco, and other drug use among Idaho youth.

**FALL NEWSLETTER 2010**

## IDFY LEADERSHIP RETREAT



**November 5-7, 2010**

**McCall, ID**, Quaker Hill Camp

We hope you will join us in McCall, ID at Quaker Hill Camp for the IDFY Leadership Retreat! The IDFY Leadership Retreat is designed to bring together prevention programs, community experts and schools in an effort to build healthy students! The focus of the retreat is to develop youth leadership skills, what it means to be a leader, what skills make youth leaders effective, and how to cultivate these attributes. Educational sessions will address issues and pressures that teens face, how to improve youth-adult relationships, building your IDFY chapter and fundraising skills. Beyond workshops, our youth leadership retreats offer 8th graders, high school students and youth workers the unique opportunity to network with peers across the state, gaining ideas and resources from one another and making new friends.

**REGISTER ONLINE AT:**

<http://www.idahodrugfreeyouth.org/events/leadership-retreat/>  
 Registration Deadline: October 15, 2010

## NEW THIS YEAR!

The IDFY Advisor Manual has been revised, and we are now distributing copies of the IDFY Chapter Manual to chapters who have turned in their Chapter Contracts for the 2010-2011 school year. There have been some important changes to the IDFY Chapter Leadership Team that are outlined in the new manual. For more information about receiving your new manual, contact [kelsey@idahodrugfreeyouth.org](mailto:kelsey@idahodrugfreeyouth.org).

## MEET THE 2010-2011 YOUTH ADVISORY BOARD

**John Freeman**

12th Grade  
 Lake City High School  
 John has attended three Idaho Youth Summits and one IDFY Leadership Retreat. He is passionate about meeting new people and making new friends.



**Dillon Laird**

11th Grade  
 Rigby High School  
 Dillon is on the Chapter Leadership Team at his school and has participated in the don't be a dummy campaign.



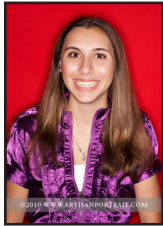
**Rio Harris**

12th Grade  
 Troy High School  
 Rio helped develop a prom radio anti-drinking commercial as a Youth Ambassador for the Latah County Youth Advocacy Council.



**Samira Obeid**

11th Grade  
 Coeur d'Alene High School  
 Besides IDFY, Samira is a volunteer for the Idaho Meth Project, Teens Against Tobacco Use (TATU), and is a member of Key Club and DECA.



**Shaylee Hatch**

12th Grade  
 Skyview High School  
 Shaylee has created her own non-profit organization called Project Children Smile. To learn more about it, visit [www.projectchildrensmile.com](http://www.projectchildrensmile.com).



**Samantha Walker**

10th Grade  
 Xavier Charter School  
 Samantha attended the 2010 Idaho Youth Summit and admires youth who take a stand for what they believe in!



The members of the IDFY Youth Advisory Board serve a one-year term that begins in September and ends in June of the following year. The six-member board represent cities throughout Idaho and will provide the IDFY staff and Board of Directors with valuable input about the direction of the IDFY program. To learn more about the members of the Youth Advisory Board, visit <http://www.idahodrugfreeyouth.org/for-teens/youth-advisory-board/>. Applications for the Youth Advisory Board are accepted in June of each year.

## NORTH IDAHO IDFY EVENT

You are invited to join the staff of Idaho Drug Free Youth and teens from all over North Idaho for a unique event you REALLY won't want to miss.

**idfy** FREE PROFILE PICTURE DAY  
 OCTOBER 16TH, 2010  
 3:00 PM-7:00 PM  
 Artisan Portrait in Post Falls, ID



**What is It?**

- A FUN evening event for all IDFY Members and non-members (All Ages Welcome)
  - Membership Drive to recruit new IDFY members
  - Get your photo taken (Photobooth Style) by Photographer Kibbee Walton of Artisan Portrait on a RED background in honor of Red Ribbon Week!
- Use your photo for your profile picture from October 23rd-31st to show your support of a drug and alcohol free lifestyle!

**How Does it Work?**

Just for showing up, you receive ONE FREE picture for your Facebook/Myspace profile.  
 If you give \$5 to the IDFY Five Dollar Fundraiser, you get FIVE shots.  
 You can have your picture taken alone or in a group!  
 After your picture is taken, eat food, hang out with friends, and win raffle prizes!

**Raffle Prizes:**

You will receive a raffle ticket based on the number of people you bring in your group.  
 For example, bring 20 people and you will each get 20 raffle tickets!  
**These prizes & more!**  
 Gift Card to Pita Pit  
 Starbucks Gift Cards  
 IDFY Leadership Retreat Scholarship

**Before You Arrive:**

You will need to bring the Photography Release that is signed by your parent/guardian. There's a good chance that your photo will be used on an IDFY Promotional Brochure. Questions? Call Kelsey @ (208) 664-4339.



RSVP ONLINE @ [www.facebook.com/artisanportrait](http://www.facebook.com/artisanportrait)

Bring this with you to:

**idfy** FREE PROFILE PICTURE DAY Photographv Release



Photographer: Kibbee Walton, Artisan Portrait  
 Photo Title: IDFY FREE PROFILE PICTURE DAY  
 Production date: October 16, 2010  
 Production Location: Artisan Portrait, 2600 E Seltice Way, Ste. B, Post Falls, ID  
 I authorize the Person Filming to record and edit into his/her Video/Photograph and related materials my name, likeness, image, voice, interview and performance. The Person Filming, Idaho Drug Free Youth and Artisan Portrait may use and authorize others to use all or parts of the Video or Photograph. The Person Filming, Idaho Drug Free Youth and Artisan Portrait shall own all right, title and interest in and to the Photograph to be used and disposed of without limitation.

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Signature \_\_\_\_\_  
 (Minor under 18 also needs guardian signature)  
 Guardian Signature \_\_\_\_\_  
 Date \_\_\_\_\_  
 I am an IDFY Member.       I am not an IDFY member.  
 I would like more information about becoming an IDFY member.

IDAHO DRUG FREE YOUTH invites you to be a part of the **\$5 Fundraiser:**  
**Win a SCHOLARSHIP TO THE IDAHO YOUTH SUMMIT! SUPPORT IDAHO DRUG FREE YOUTH!**



I gave 5 dollars because...

I am a youth donor! Enter my name into a drawing to win a 2011 Idaho Youth Summit Scholarship.

NAME: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 SCHOOL: \_\_\_\_\_  
 PHONE #: \_\_\_\_\_  
 E-MAIL: \_\_\_\_\_

We are deeply grateful for your generosity and support of our efforts. Your gift makes a difference — it enables us to provide vital prevention services to the teens in Idaho that we serve. We count on you and people like you to ensure that we can continue providing these services.

SEND DONATION TO:  
 IDFY  
 610 W. HUBBARD, STE. 123  
 COEUR D'ALENE, ID 83814  
 VISIT US ONLINE AT:  
[WWW.IDAHODRUGFREEYOUTH.ORG/SUPPORT](http://WWW.IDAHODRUGFREEYOUTH.ORG/SUPPORT)



My name is Alissa.  
 I gave 5 dollars because...



...I love the Idaho Youth Summit.

CLICK HERE to give \$5, and share your reason for supporting Idaho Drug Free Youth!

Your donation enters you into a drawing for a scholarship to the Idaho Youth Summit.



Photo By Nathan Eggleston

## Design the next IDFY T-SHIRT!

We are looking for creative t-shirt designs for the next version of the IDFY T-Shirt. Please submit your design to [kelsey@idahodrugfreeyouth.org](mailto:kelsey@idahodrugfreeyouth.org) by October 15th, 2010.

### Rules:

- Use the IDFY Logo
- The IDFY Logo can be found at [www.idahodrugfreeyouth.org/wp-content/uploads/IDFY-Web-Logo.jpg](http://www.idahodrugfreeyouth.org/wp-content/uploads/IDFY-Web-Logo.jpg)
- Choose a t-shirt color
- 1-2 colors may be used for the design

### Submission Guidelines

- E-mail your design to [kelsey@idahodrugfreeyouth.org](mailto:kelsey@idahodrugfreeyouth.org)
- Submit your design in a .jpg format.

### Help Us Choose a Winner!

Each submission will be placed on the IDFY Facebook page for voting, beginning October 4th. The design with the most votes will be chosen!



↑ CURRENT T-SHIRT DESIGN

## Attend an i2i Program near You!



Because of student input, Idaho Drug Free Youth continues to provide teen and parent education on the dangerous effects of underage drinking. Be a part of a statewide program that is changing lives and effecting the way we are viewing and talking about alcohol use.

### i2i Programs this Fall:

- October 4**  
Parma High School, Parma, ID
- October 5**  
Wood River Middle School, Hailey, ID
- October 11**  
Ririe High School, Ririe, ID
- October 12**  
Tigert Middle School, Soda Springs, ID
- October 12**  
Kamiah High School, Kamiah, ID
- October 19**  
Post Falls Middle School Post Falls, ID
- October 19**  
Pathways Middle School, Meridian, ID
- October 21**  
Notus MS/HS, Notus, ID
- October 27**  
Kendrick-Juliaetta HS, Kendrick, ID

For a complete list of where we'll be and program times, visit [www.idahodrugfreeyouth.org/events/i2i](http://www.idahodrugfreeyouth.org/events/i2i).

### NEW PROGRAM!



IDFY has started a new program this year called **VOICE STUDENT-TO-STUDENT MENTORING**. VOICE is designed to help schools enhance student success and school community by increasing positive relationships between younger and older students. For more information about having VOICE in your school, visit [www.idahodrugfreeyouth.org/events/voice](http://www.idahodrugfreeyouth.org/events/voice).

## 2010 CALENDAR OCTOBER 16

**IDFY Free Profile Picture Day**  
@ Artisan Portrait

## OCTOBER 23-31

**Red Ribbon Week**  
don't be a dummy Campaign

## NOVEMBER 5-7

**IDFY Leadership Retreat**  
McCall, ID

Looking for a Red Ribbon Week Activity?

Register your chapter  
for the 3rd Annual

**don't be a dummy** Campaign

For more information, visit:  
[www.idahodrugfreeyouth.org/events/dummy](http://www.idahodrugfreeyouth.org/events/dummy).

**MEMBERSHIP CARD**

Name \_\_\_\_\_

Signature \_\_\_\_\_

Exp. Date \_\_\_\_\_

[www.idahodrugfreeyouth.org](http://www.idahodrugfreeyouth.org)

## Don't Forget to Use Your Card! Merchant Spotlight

**BASKIN ROBBINS**  
1430 21st Street, Lewiston  
-Buy one regular priced scoop, get one free

**PIZZA HUT**  
1307 21st Street, Lewiston  
-20% off any purchase

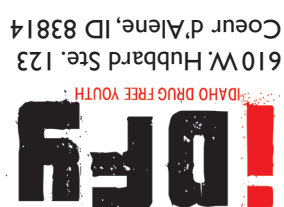
**PAPA MURPHY'S TAKE-N-BAKE**  
148 Thain Road, Lewiston  
-\$2 off any Family Size or \$1 off any Large Pizza

**PIZZA PERFECTION**  
247 Thain Road, Lewiston  
-Four free drinks with any purchase

## WHAT'S INSIDE:

- \$5 Fundraiser
- Free Profile Picture Day
- IDFY Leadership Retreat
- Kristi Rietze, Executive Director  
[kristi@idahodrugfreeyouth.org](mailto:kristi@idahodrugfreeyouth.org)
- Amy Bartoo, Community Relations  
[amy@idahodrugfreeyouth.org](mailto:amy@idahodrugfreeyouth.org)
- Kelsey Wood, Chapter Coordinator  
[kelsey@idahodrugfreeyouth.org](mailto:kelsey@idahodrugfreeyouth.org)
- Kelly Sheffield, Administrative Assistant  
[kelly@idahodrugfreeyouth.org](mailto:kelly@idahodrugfreeyouth.org)
- Greg Sommers, Director of Outreach  
[greg@idahodrugfreeyouth.org](mailto:greg@idahodrugfreeyouth.org)

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